

**GARMIN®**

# TACX® NEO 3M

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РЪКОВОДСТВО

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M/N: A0S4355

# Въведение

**⚠ ВНИМАНИЕ**

Important Safety u Product Information

## ЗАБЕЛЕЖКА

Tacx NEO 3M

Tacx NEO 3M

11-

Shimano SRAM.

QR



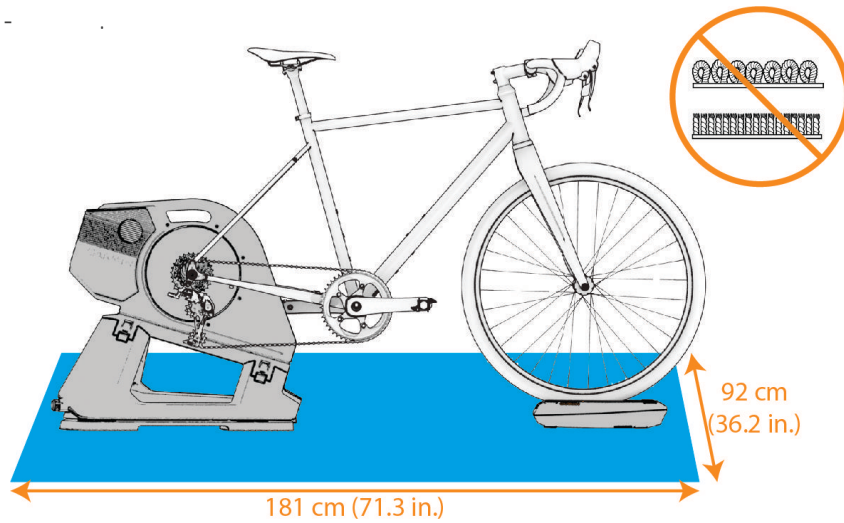
Tacx Training.

Tacx Training

Tacx NEO 3M

181 x 92 (71,3

x 36,2 )



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Tacx.

## Комплект за монтаж

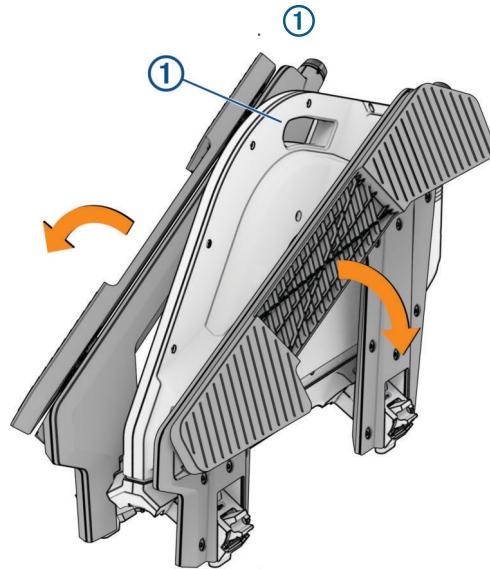


Ос	Странична крайна капачка	Крайни капачки (2)
142 mm thru		Thru-Axle 12mm
148 mm thru	NDS/148 Thru	Thru-Axle 12mm
135 mm		QR
130 mm rim	NDS/130 QR	QR

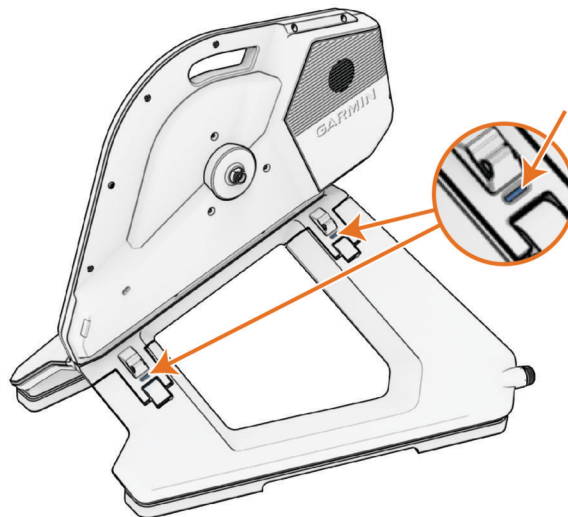
## Инструкции за монтаж на Tacx NEO 3M

# Разгъване на тренажора

1



2



3

# Прикрепване на вашия велосипед с проходна ос

142 mm 148 mm

1

- 
- 

148 mm,  
142 mm,

2.

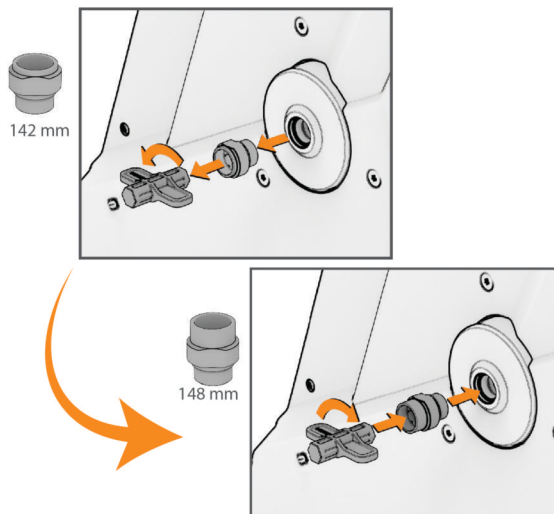
5.

2



NDS/148 Thru

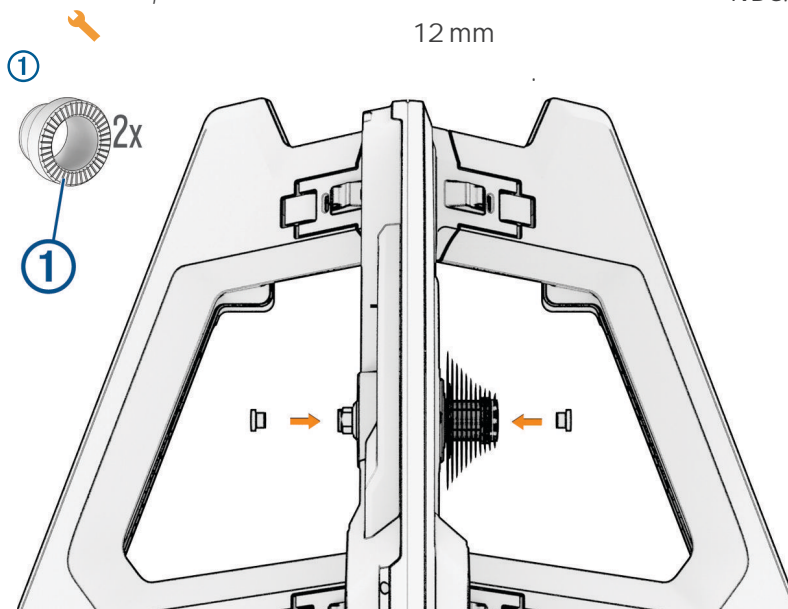
3



4

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6

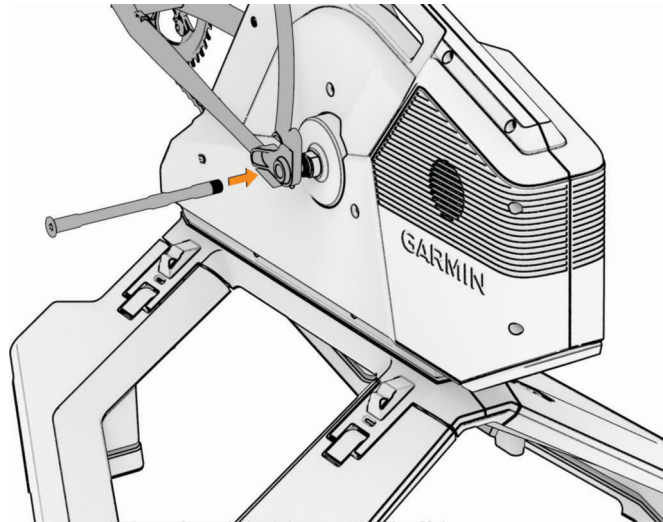


7

8

9

10



11

### Прикрепване на вашия велосипед с бързо освобождаваща се ос

1

- 130 mm
- 135 mm

2.

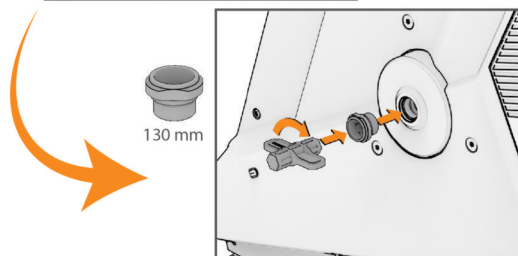
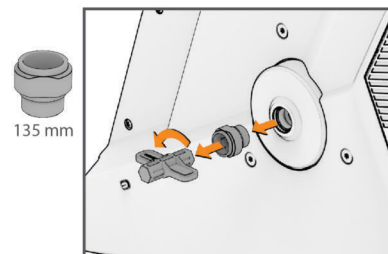
5.

2



NDS/130 QR

3



4

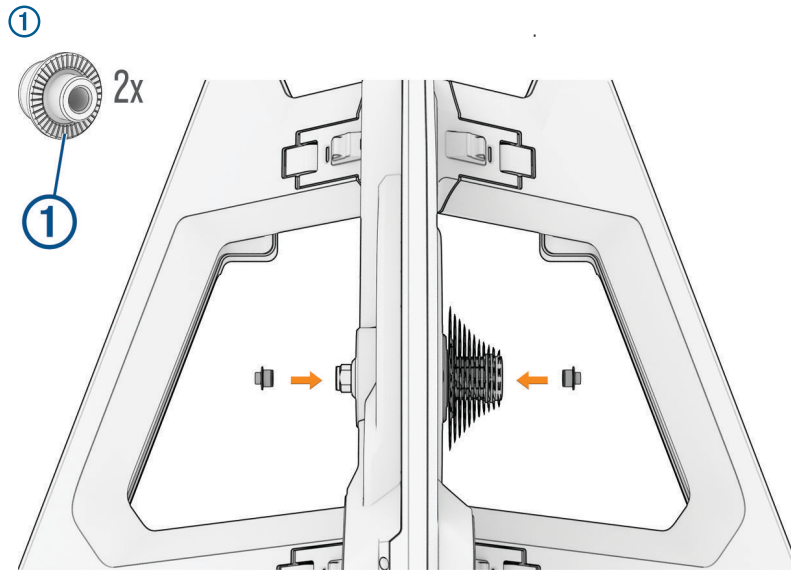
NDS/130 QR.

5



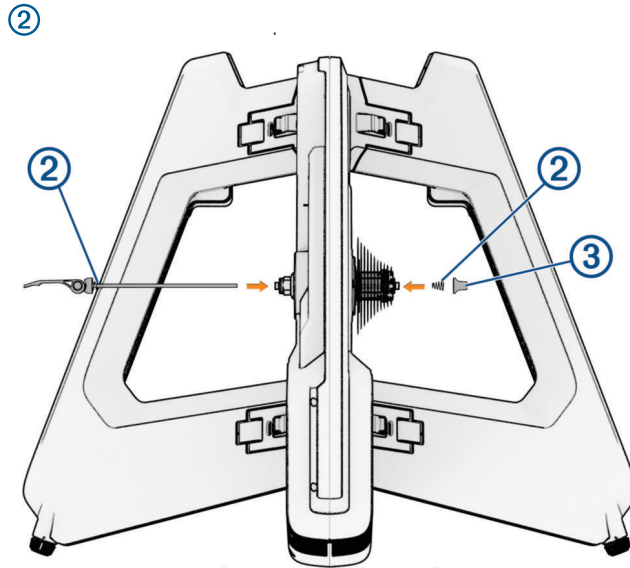
QR

6



7

8



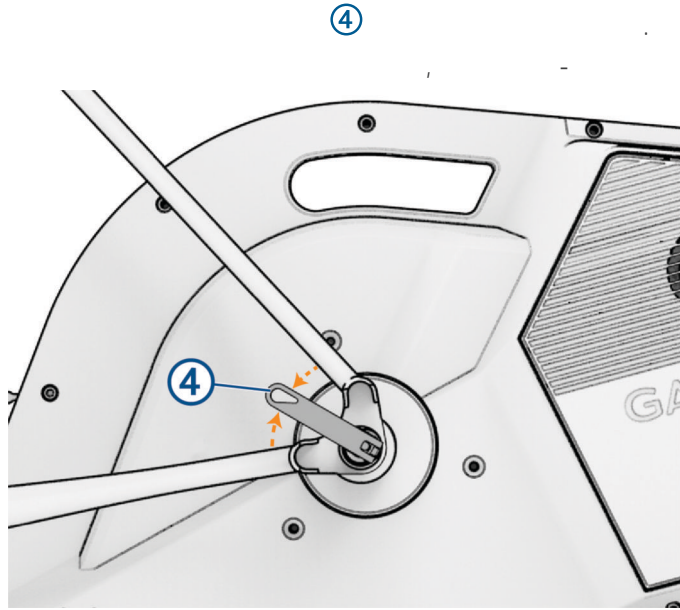
9

10

11

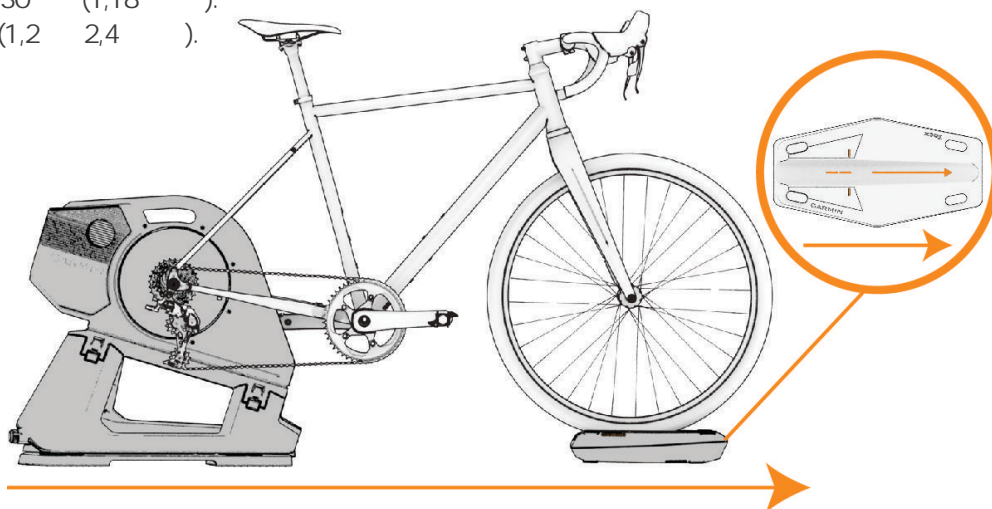
③

12  
13

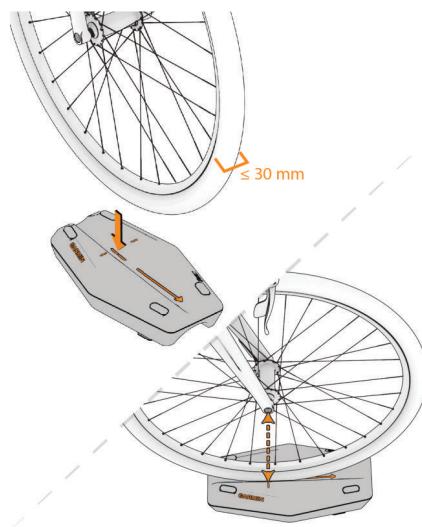


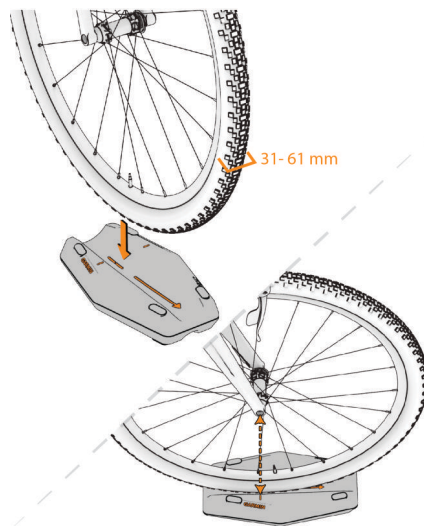
# Позициониране на опората на предното колело

31 61 30 (1,18 ).  
(1,2 2,4 ).



1





2  
3

## Свързване на захранващия кабел

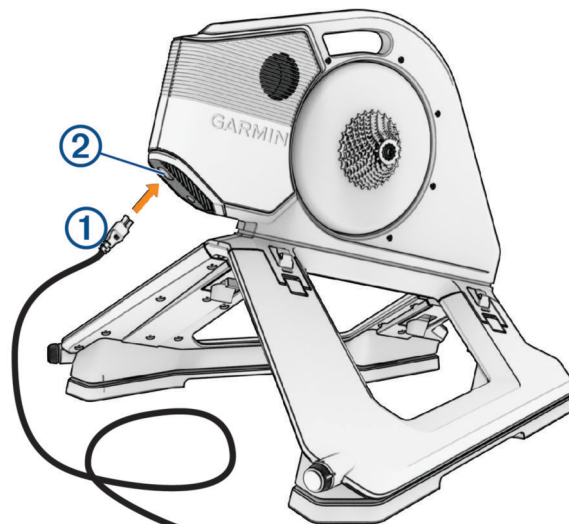
**⚠ ВНИМАНИЕ**

Тасх NEO 3M,

1

①

②



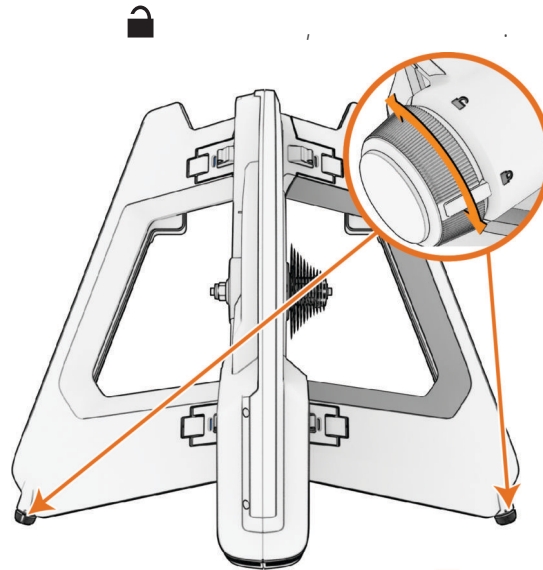
2  
3

## Тренировка

# Каране

TacxNEO 3M

1



2

3

## Съвети за естествено каране

- 
- 

## Тренировъчни режими

Tacx Training.

Edge,

Ethernet

Wi Fi

Tacx Smart Network Adapter ( ).

## Режим на готовност

Tacx NEO 3M

5

10

# Приложение за тренировки на Tacx

Tacx Training

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Garmin Connect™

## Сдвояване на тренажора с приложението Tacx Training

. Tacx Training,

: Ethernet Wi Fi

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1

QR



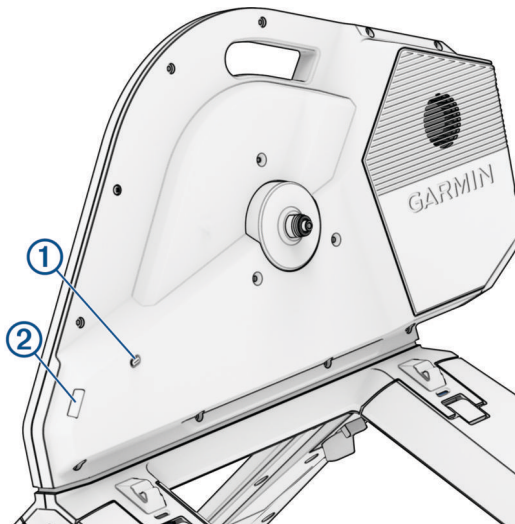
• Training

a Tacx NEO 3M  
Settings > Device Manager.

Tacx

2

LED- ②



3

Tacx Training  
Tacx Training

4

5

## LED статус

LED активн.	Статус
	Bluetooth
	ANT+
	Tacx ( )
	Tacx Training

Подова LED активност	Статус

## Персонализиране на настройките на тренажора от приложението

Tacx Training.

- 1 Tacx Training.
- 2 >
- 3
- 4 Trainer Settings > Device Defaults,
- 5 >

# Информация за устройството

## Спецификации

	100	240 V, 50/60 Hz
	-10°	40°C ( 14° 104°F)
	-20°	60°C ( -4° 140°F)
<b>ЗАБЕЛЕЖКА</b>		
	12	
	2,4 GHz @ 6 dBm	
	125 kg (275 lb.)	

## Съвместимост на касетите



11-

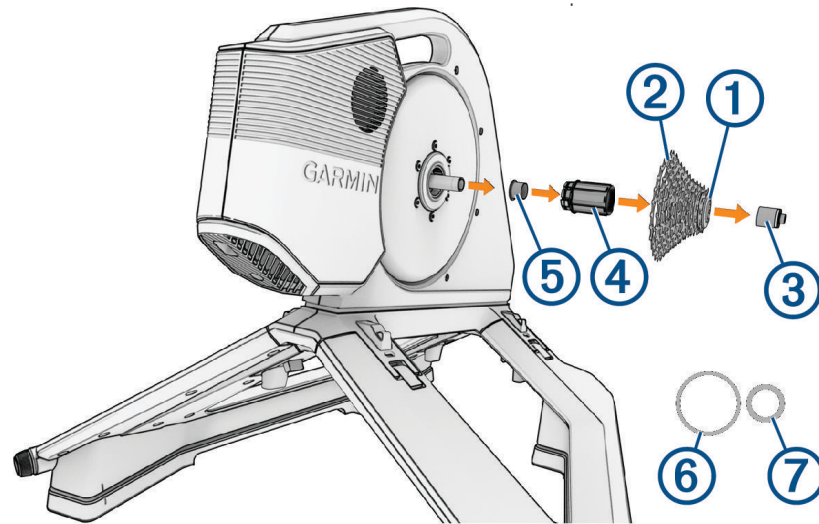
Shimano SRAM.

Съвместима касетна система		Тяло Freehub	Опционални разделители
8, 9	10 Shimano SRAM		40 mm x 1 mm
12	Shimano		24 mm x 1 mm, 24 mm x 0.5 mm
12	SRAM	1 buy.garmin.bg, Tacx SRAM XD-R.	24 mm x 1 mm, 24 mm x 0.5 mm
12		1 buy.garmin.bg, Tacx micro spline.	24 mm x 1 mm, 24 mm x 0.5 mm
		1 buy.garmin.bg	

# Смяна на касетата

## ЗАБЕЛЕЖКА

Garmin



- 1
- 2
- 2.1
- 2.2
- 2.3
- 2.4
- 3
- 3.1
- 3.2
- 3.3
- 3.4
- 3.5
- 3.6
- 4
- 4.9
- 4.10
- 5
- 5.12

11-

6

- 6.1
- 6.2
- 6.3
- 6.4
- 6.5
- 6.6



3

5



Garmin

6 N·m (4,4 lbf·ft.)

7

Garmin

40 N·m (29,5 lbf·ft.)

Тачк NEO 3M.

## Грижа за устройството и съхранение

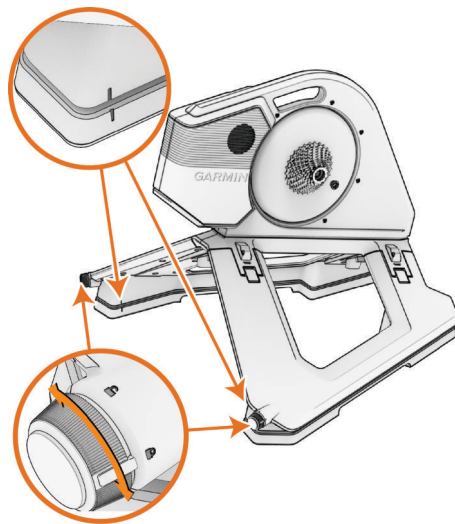
**⚠ ВНИМАНИЕ**

*Important Safety u Product Information*

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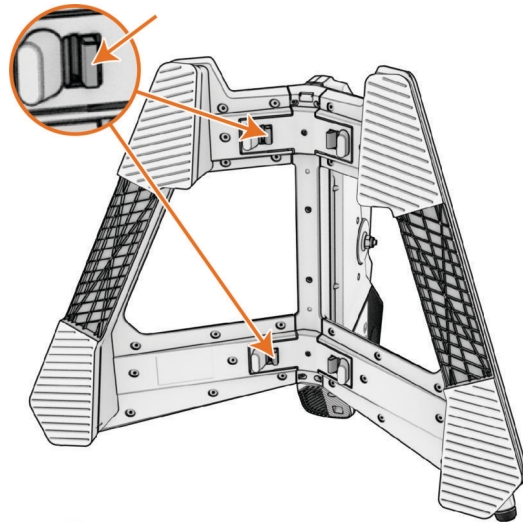
## Сгъване на тренажора за съхранение

1

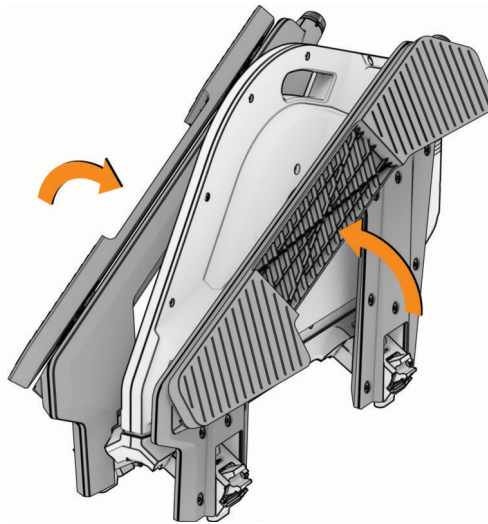


2

3



4



## Отстраняване на неизправности

### Актуализиране на софтуера

Tacx Training.

1

2

Tacx Training

:

3

>

4

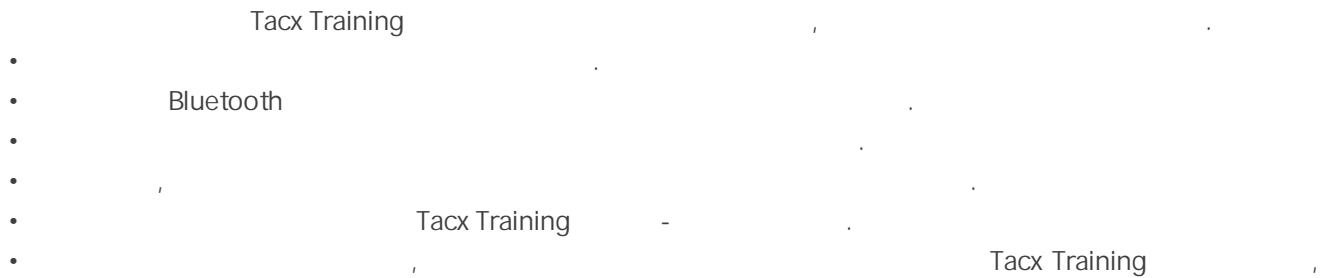
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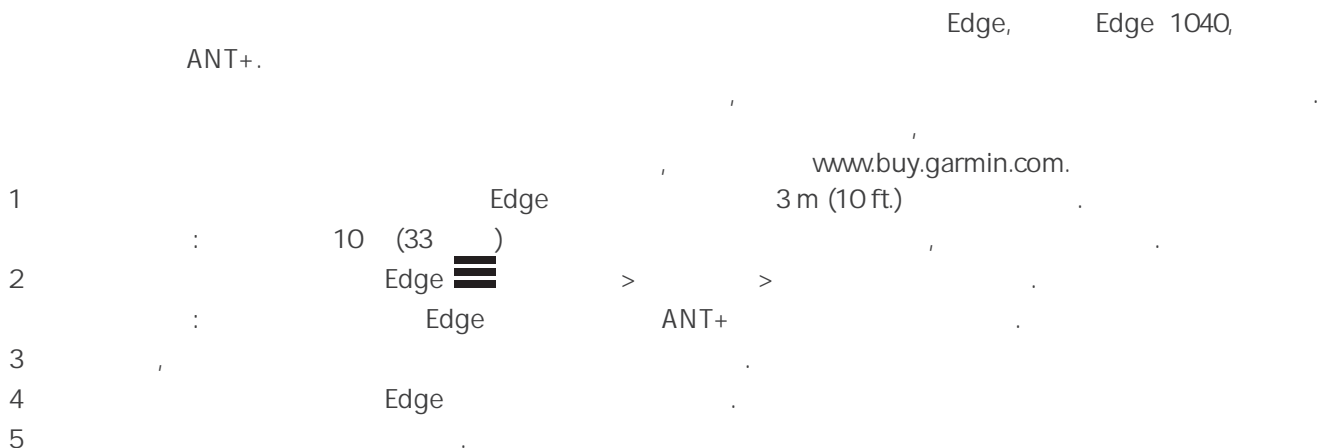
## Приложението Tacx Training не може да се свърже с моя тренажор



## Тренажора не отговаря



## Сдвояване на вашия тренажор с велосипеден компютър Edge



## Сдвояване на вашия тренажор с часовник Garmin

